

CARBON MONOXIDE AWARENESS

What is carbon monoxide?

Carbon monoxide (CO) is a gas that you cannot smell, you cannot taste and you cannot see, but it is poisonous and potentially deadly.

When carbon-based fuels (such as oil, coal, wood or gas) do not burn properly, they produce carbon monoxide. This can enter your body, severely limiting how much oxygen is in your blood as it circulates around your body, and eventually kill you.

At Barcud, we service our carbon-based burning appliances regularly, which significantly reduces the risk of carbon monoxide poisoning. So when we contact you to make an appointment for the heating systems and appliances to be serviced, please treat this seriously - it could save your life.

Possible symptoms you should be aware of:



breathlessness



tiredness



visual
problems



loss of
consciousness



headaches
or dizziness



erratic
behaviour



nausea



chest or
stomach pains

If you, or a family member, experience any of the above symptoms and believe you may have been exposed to carbon monoxide, follow the guidance below and seek urgent medical advice from either your GP or an A&E department.

Call the National Gas Emergency Service on 0800 111 999

Switch off the appliance and shut off the gas supply at the meter control valve

Open all doors and windows to ventilate the room

Contact Barcud on 0300 111 3030 so that we can investigate the cause of the carbon monoxide release, and see what we can do to rectify the problem